Something Sweet...

Irish Fruit Cake €3.15
Rocky Road €3.15
Gluten Free Chocolate Brownie €3.15
Gluten Free Macaroons €3.15
Banana & Walnut Flap Jack €3.15
Lemon Slice €3.15
Belgian Chocolate & Caramel Slice €3.15
Belgian Chocolate, Biscuit Cake €3.15
Freshly Baked Scones €3.85

With raspberry jam
(G WHEAT)(M)

All prices are inclusive of 13.5% VAT.

Food Allergies & Intolerances: Before you order your food and drinks, please speak to a member of our team if you have a food allergy or intolerances. Please see below where the allergens are listed and under each item.

(ShF) Shellfish • (F) Fish • (P) Peanuts • (N) Nuts • (G) Gluten
(M) Milk • (S) Soya • (MD) Mustard • (SD) Sulphur Dioxide
(SS) Sesame Seeds • (E) Egg • (CC) Celery & Celeriac • (L) Lupin
Tea & Coffee Menu

Choose from full fat, semi-skimmed or soya milk.

Regular Large

**Traditional Teas**
€3.45
A blend of the finest tea leaves.

**Speciality Herbal Teas**
€3.95
A selection of infused loose leaf herbal teas.

**Americano**
€3.65  €4.10
A rich black coffee made with espresso & hot water.

**Espresso**
€3.65  €4.10
A shot of strong intense coffee.

**Cappuccino**
€3.65  €4.10
Espresso with smooth, silky textured milk. (M)

**Latte**
€3.65
Espresso & steamed milk. (M)

**Mocha**
€3.65
Espresso with lashings of chocolate & milk. (M)

**Hot Chocolate**
€3.65
A cup of milky rich hot chocolate. (M)

Add a shot of flavour for just 50c per shot:
Hazelnut, Cinnamon, Vanilla or Caramel Marshmallows or Whipped Cream

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Breakfast Menu

served from 7am – 11:30am

**Mini Danish Pastry**  €1.10
(M)(G WHEAT)(G OATS)

**Almond Croissant**  €3.70
(M)(G WHEAT)(G OATS)

**Vitality Pot**  €5.80
Containing poached fruits, homemade granola, natural yogurt & toasted almonds.
(M)(N)(G WHEAT)(G OATS)

**Organic Kilbeggan Porridge**  €5.80
Toasted seeds, cinnamon cream & organic honey.
(M)(G WHEAT)(G OATS)

**Waterford Blaa**  €7.25
Filled with crispy sausages, fried egg, homemade tomato & onion relish
(M)(G WHEAT)(E)

**Bacon Butty in a Brioche Bun**  €7.45
Grilled bacon, Dubliner cheddar & mustard mayo
(M)(G WHEAT)(E)(SS)

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All Day Menu

served from 12 midday - 7pm

**Soup and Sandwich Special**  €9.95
Includes a sandwich of your choice on white or brown bloomer bread served with soup

**Sandwiches**  Toasted for an extra .50c
(For allergens, please enquire with server.)

Chicken, Mayo & Spring Onion;
Ham, Dubliner Cheddar & Ballymaloe Relish;
Tuna, Sweetcorn & Mayonnaise;
Bacon, Lettuce & Tomato;
Coronation Chicken; Chicken Salad;
Egg Salad; Chicken & Stuffing;
Ham & Cheese  €6.75

**Also available a selection of Baps, Paninis and Wraps**  €6.75
Please enquire with server for available selections

**Salads**

**Caesar Salad**  €10.50
With garlic croutons & parmesan shavings
(N) (M) (G WHEAT) (E) (F)

**Couscous Salad**  €12.95
With mango, Moroccan spiced beetroot, feta cheese, honey & lime dressing
(M, MD, SD)

**Chicken Caesar Salad**  €14.50
With garlic croutons & parmesan shavings
(N) (M) (G WHEAT) (E) (F)

**Ham & Quinoa Salad**  €14.50
Ham & quinoa salad, Celery stick, hens boiled egg, mixed leaf and a Red apple chutney
(E, SD, MD)

**Grapefruit Salad**  €14.95
With poached Atlantic salmon, baby spinach, lemon wedge, caper & dill dressing
(F, SD, MD, MD)